



GONAL-F MULTIDOSE Subcutaneous Injection

1. Gather equipment:
 - Vial containing Gonal-F 1200 IU Multi-Dose (white powder)
 - Single, prefilled syringe labeled “Bacteriostatic Water” for Injection, USP
 - 1ml 27 gauge ½ injection syringe with unit dose markings from .1–1.0
 - 1¼ inch needle to give medication
 - Alcohol/cotton
2. Mix medication:
 - Flip off top of Multi-Dose vial.
 - Wipe the top of the vial stopper with an alcohol wipe.
 - Remove the cap from the needle of the syringe. Twist the needle off the syringe labeled “Bacteriostatic Water” for Injection, USP.
 - Puncture the vial. Position the needle of the syringe of water in a straight, upright position over the marked center circle of the rubber stopper on the vial.
 - Slowly inject the water into the vial by depressing the syringe plunger.
 - Withdraw needle and dispose in biohazard container.
3. Preparing your dose:
 - Wipe the rubber stopper with an alcohol wipe.
 - Insert needle of specialized syringe through the marked center circle of the rubber stopper.
 - Keeping the needle in the vial, lift the vial and turn it upside down with the needle pointing toward the ceiling.
 - Slowly pull back the plunger until the syringe fills to slightly more than the mark for your prescribed dose.
 - Keeping the needle in the vial, slowly adjust plunger to desired dose.
 - Remove needle and recap syringe needle.
 - Change needle to 1¼ inch needle for administration on abdomen area.
4. Injecting your dose:
 - Pick your injection site in your abdomen.
 - Prepare skin site with rubbing alcohol by rubbing vigorously.
 - Insert needle entirely, holding skin taut. Needle should be inserted at 45-90 degree angle.
 - Inject medication.
 - Remove needle. **DO NOT** recap needle – dispense into your needle dispense container.

IMPORTANT: Gonal-F Multi-Dose must be refrigerated after reconstitution.