



## NOVAREL/PREGNYL Human Chorionic Gonadotropin (HCG)

### 1. Gather Equipment:

- 3 cc syringe with 22G 1 ½ inch needle
- 27G ½ in OR 22G 1-1 ½ in needle for administration
- Novarel or Pregnyl- 10,000 units (1 bottle powder, 1 bottle diluent) Alcohol
- Cotton

### 2. Mix Medication:

- a. Remove plastic caps off both the liquid and powder vials. Clean tops of vials with alcohol after cap removal. Using the 3cc syringe with 22g 1 ½ in needle attached, draw 1-2ml of air into the syringe by pulling back on the plunger.
  - b. Stick the needle through the rubber stopper of the liquid vial, and inject air into the vial.
  - c. Invert vial, and withdraw the prescribed amount of diluent by your provider. Throw away the remainder of the diluent.
  - d. Stick needle through rubber stopper of powder bottle of HCG, and inject diluent into powder - gently rotate vial between hands - do not shake.
  - e. Invert the vial of mixed medication and draw prescribed amount into the syringe.
  - f. Hold syringe with needle up, drawing back, "flicking" out bubbles and pushing up on plunger until no air remains in syringe.
  - g. Change needle to 27G ½ in needle if instructed to inject SQ or change needle to 22G 1-1 ½ in needle if instructed to inject IM.
  - h. Pick your site. Use the upper outer quadrant of your buttocks for an IM injection. Use the lower abdomen for a SQ injection.
  - i. Prepare skin site with rubbing alcohol by rubbing vigorously.
  - j. Insert needle entirely, holding the skin taught for IM or pinching the skin for SQ.
  - k. Inject medication.
  - l. Remove needle: **DO NOT** recap needle - dispense into your needle dispense container.
3. Unmixed HCG should be stored at room temperature. After mixing, medication should be refrigerated if not injecting immediately.

**\*Given only once at a specific time. You will be instructed of your administration time.\***