NOVAREL/PREGNYL
Human Chorionic Gonadotropin (HCG)

1. Gather Equipment:
   - 3 cc syringe with 22G 1 ½ inch needle
   - 27G ½ in OR 22G 1-1 ½ in needle for administration
   - Novarel or Pregnyl- 10,000 units (1 bottle powder, 1 bottle diluent) Alcohol
   - Cotton

2. Mix Medication:
   a. Remove plastic caps off both the liquid and powder vials. Clean tops of vials with alcohol after cap removal. Using the 3cc syringe with 22g 1 ½ in needle attached, draw 1-2ml of air into the syringe by pulling back on the plunger.
   b. Stick the needle through the rubber stopper of the liquid vial, and inject air into the vial.
   c. Invert vial, and withdraw the prescribed amount of diluent by your provider. Throw away the remainder of the diluent.
   d. Stick needle through rubber stopper of powder bottle of HCG, and inject diluent into powder - gently rotate vial between hands - do not shake.
   e. Invert the vial of mixed medication and draw prescribed amount into the syringe.
   f. Hold syringe with needle up, drawing back, "flicking" out bubbles and pushing up on plunger until no air remains in syringe.
   g. Change needle to 27G ½ in needle if instructed to inject SQ or change needle to 22G 1-1 ½ in needle if instructed to inject IM.
   h. Pick your site. Use the upper outer quadrant of your buttocks for an IM injection. Use the lower abdomen for a SQ injection.
   i. Prepare skin site with rubbing alcohol by rubbing vigorously.
   j. Insert needle entirely, holding the skin taught for IM or pinching the skin for SQ.
   k. Inject medication.
   l. Remove needle: **DO NOT** recap needle – dispense into your needle dispense container.

3. Unmixed HCG should be stored at room temperature. After mixing, medication should be refrigerated if not injecting immediately.

Given only once at a specific time. You will be instructed of your administration time.