



***NOVAREL OR PREGNYL - Human Chorionic Gonadotropin
(Intramuscular)**

1. Gather Equipment:
 - 3 cc syringe with 22G 1 1/2 inch needle
 - 27G 1 1/4 - OR - 22G 1 1/2 inch needle for administration
 - Novarel or Pregnyl- 10,000 units (1 bottle powder, 1 bottle diluent)
 - Alcohol
 - Cotton
2. Mix Medication:
 - a. Remove blue plastic caps off the vials. Draw 1 1/2 cc air into barrel of 3 cc syringe by pulling back on plunger.
 - b. Stick needle through rubber stopper and inject air into vial.
 - c. Invert vial and withdraw 1 1/2 cc diluent (throw away most of diluent).
 - d. Stick needle through rubber stopper of NOVAREL powder bottle and inject diluent into powder - gently rotate vial between hands - do not shake.
 - e. Invert vial of mixed medication and draw into syringe.
 - f. Hold syringe with needle up, drawing back, "flicking" out bubbles and pushing up on plunger until no air remains in syringe.
 - g. Change needle to 27G 1 1/4 inch -OR- 22G 1 1/2 inch needle for administration.
 - h. Pick your site. Use the upper outer quadrant of your buttocks. It is possible to perform your own injections at that site but is advisable to have someone else available to inject them.
 - i. Prepare skin site with rubbing alcohol by rubbing vigorously.
 - j. Insert needle entirely, holding skin taut.
 - k. Pull back on plunger. If you get blood in the syringe pull the needle out, change needle and move to new site and start over.
 - l. If no blood, inject medication.
 - m. Remove needle: Do not recap needle – dispense into your needle dispense container.
YOU DID IT! Congratulations.

***Given only once at a specific time, we will inform you of the time.**