



PROMETRIUM 200mg/ ENDOMETRIN 100mg Vaginal Tablets

****Do not take Prometrium/Endometrin if you are allergic to peanuts****

Progesterone is used to maintain the lining of the uterus and support a pregnancy. It is a naturally-produced hormone the body produces after ovulation. (During your cycle, this medication is needed to support the pregnancy.) This medication will continue until your pregnancy test and then, if pregnant, you will be tapered off during the first trimester through monitoring of progesterone levels.

Instructions:

- Insert 1 tablet high into the vagina with your finger – similar to inserting a tampon. If your medication comes with an applicator (Endometrin), you will use the applicator for insertion instead. Your team will instruct you on the timing of taking your medication. Take medication around the same time daily.
- Lay down for 15 minutes after each insertion to assure good absorption of the medication.
- Please note, it is normal for the medication to ooze out a bit. We recommend wearing a pad/panty liner, if needed.
- Avoid soaking or submerging in water (bath, pool, lake, etc.) Avoid intercourse after insertion.

Side effects may include:

- Crampy feeling
- Breast tenderness
- Drowsiness or dizziness
- Depression

Report any of the following symptoms to the office:

- Abnormal bleeding
- Yellow eyes or skin
- Itchy rash
- Severe depression
- Pain or swelling of the leg
- Chest pain
- Vision problems
- Breathing problems