



ESTRACE 2MG- ORAL OR VAGINAL INSERTION

Estrogen replacement is used during your treatment cycle to improve the thickness of your uterine lining for an embryo to implant and to maintain the uterine environment for a pregnancy to grow. Estrace is a pill-form of the hormone estradiol that is prescribed either for vaginal insertion or to be taken orally.

Before taking estrogen replacement (Vivelle patches or Estrace), tell your doctor or nurse if you have any of the following conditions:

- High blood pressure, angina, or heart disease
- A history of stroke or heart attack
- High cholesterol
- Liver disease
- Kidney disease
- Asthma
- Epilepsy
- Migraines
- Diabetes
- Depression
- Gallbladder disease
- **History of blood clots**

If you are instructed to insert the Estrace vaginally, take at the same time each day:

- Wash hands
- Using finger, insert Estrace capsule into vagina
- Lie down for 30 minutes to let it absorb
- Panty liners are helpful due to some leakage of the medication

If you are instructed to insert the take estrogen orally- take at the same time each day:

- Take with or without food

Report the following symptoms to your primary nurse whether doing the Vivelle patch, Estrace vaginally or orally, or *proceed to the nearest emergency room*:

- Itching or irritation of the vagina
- Abnormal vaginal bleeding
- An allergic reaction (difficulty breathing, closing of the throat, hives, closing of the lips, tongue, or face)
- Shortness of breath or pain in the chest
- A painful, red or swollen leg (risk of blood clot)
- Severe headache or vomiting, dizziness, faintness or changes in vision or speech
- Yellowing of the skin or eyes
- A lump in the breast
- Pain, swelling, or tenderness in the abdomen