



## **ESTRACE (2mg) Oral or Vaginal Insertion**

Estrogen replacement is used during your treatment cycle to improve the thickness of your uterine lining for an embryo to implant and to maintain the uterine environment for a pregnancy to grow. Estrace is a pill-form of the hormone estradiol that is prescribed either for vaginal insertion or to be taken orally.

**Before taking estrogen replacement (Vivelle patches or Estrace), tell your doctor or nurse if you have any of the following conditions:**

High blood pressure, angina, or heart disease	Epilepsy
A history of stroke or heart attack	Migraines
High cholesterol	Diabetes
Liver disease	Depression
Kidney disease	Gallbladder disease
	<b>History of blood clots</b>

**If you are instructed to insert the Estrace vaginally, take at the same time each day:**

- Wash hands
- Using finger, insert Estrace capsule into vagina
- Lie down for 30 minutes to let it absorb
- Panty liners are helpful due to some leakage of the medication

**If you are instructed to insert the take estrogen orally- take at the same time each day:**

- Take with or without food

**Report the following symptoms to your primary nurse whether doing the Vivelle patch, Estrace vaginally or orally, or proceed to the nearest emergency room:**

- Itching or irritation of the vagina
- Abnormal vaginal bleeding
- An allergic reaction (difficulty breathing, closing of the throat, hives, closing of the lips, tongue, or face)
- Shortness of breath or pain in the chest
- A painful, red or swollen leg (risk of blood clot)
- Severe headache or vomiting, dizziness, faintness or changes in vision or speech
- Yellowing of the skin or eyes
- A lump in the breast
- Pain, swelling, or tenderness in the abdomen