



## PROGESTERONE (in oil) Intramuscular

1. Gather Equipment:
  - 3 cc syringe with 18 gauge 1 ½ needle attached
  - 22G 1 ½ inch needle for administration
  - Alcohol/Cotton
2. Progesterone is mixed and ready to administer straight from the vial. Remove the plastic cap from the vial. Throw it away. Always clean the top of the vial with an alcohol swab before pulling out medication.
3. Carefully remove the cap from the mixing needle. Pull back on the plunger of the syringe to draw in 1 ml/cc of air into the barrel.
4. Stick needle through rubber stopper of progesterone vial and inject air into vial.
5. Invert vial and withdraw 1 cc of progesterone into syringe.
6. Expel air by holding syringe with needle up, "Flicking" out bubbles and pushing up on plunger until no air remains in syringe.
7. Change needle to 22G 1 ½ inch to administer injection.
8. Pick your site. Use the upper outer quadrant of your buttocks. It is possible to give your own injections at that site but is advisable to have someone else available to give them. Choose a different injection site daily to minimize irritation and promote proper medication absorption.
9. Prepare skin site with rubbing alcohol by rubbing vigorously.
10. Insert needle entirely, holding skin taut. Needle should be inserted at 90 degree angle.
11. Push on the end of the plunger slowly to inject all of the medication. This is an oil, so it's normal for it to take a little extra effort pushing in the medication.
12. Remove needle; do not recap needle - dispense into your needle dispense container. PiO is a multi-dose vial of medication. Do not throw away the vial until the cycle is finished or the vial is empty.

**\*PiO to be stored at room temperature\***