



**LUPRON/LEUPROLIDE ACETATE**  
**SUBCUTANEOUS INJECTION**

1. Give injections same time every day (morning or evening). Some protocols for selective responders may require morning **and** evening injections.
2. Wash your hands.
3. Use only an orange-top Monoject Insulin Syringe that is supplied with the Lupron Kit. The pharmacy may provide you with additional insulin syringes.
4. Pull up dosage measurement of air. Wipe off top of medication vial with an alcohol swab.
5. Inject the air into the vial. Invert the vial so the needle is below the vial and pull up your dosage of Lupron. Remove the needle from the vial.
6. With needle facing towards the ceiling, tap the syringe so the air bubbles go towards the tip of the needle and *gently* push the air out. Be careful not to push any of the Lupron out.
7. Gently put the needle cap back on the syringe, place the syringe nearby and begin to prepare the site for injection.
8. Choose site for injection. Remember to alternate sites for each injection.
9. Clean site with an alcohol swab in a bull's-eye motion from center outward.
10. Gently "pinch up" a two-inch fold of skin.
11. Insert needle into the skin with one quick motion.
12. Anchor syringe with your hand while releasing with the other.
13. Push plunger *slowly*.
14. Pull needle straight out of the skin, wipe gently with a cotton ball and apply a Band-Aid if needed.
15. Always dispose needles safely into a biohazard container. **DO NOT RECAP** needles after injections.

**REMINDER:** ONLY USE SPECIFIED ORANGE-CAPPED LUPRON SYRINGES FOR LUPRON INJECTIONS.

If you have any questions or issues with your Lupron injections, please see our website at [www.colocrm.com](http://www.colocrm.com) and go to the bottom right-hand corner. Choose the syringe for our medication teaching portal.