



**PROGESTERONE (In Oil)
(Intramuscular)**

1. Gather Equipment:

3 cc syringe with 18 gauge 1 1/2 needle attached
22g 1 1/2 inch needle for administration;
Alcohol - cotton
2. Progesterone is mixed and ready to administer straight from the vial.
3. Draw 1 cc of air into barrel of syringe.
4. Stick needle through rubber stopper of progesterone vial and inject air into vial.
5. Invert vial and withdraw 1 cc of progesterone into syringe.
6. Expel air by holding syringe with needle up, "Flicking" out bubbles and pushing up on plunger until no air remains in syringe.
7. Change needle to 22G 1 1/2 inch to administer injection.
8. Pick your site. Use the upper outer quadrant of your buttocks. It is possible to give your own injections at that site but is advisable to have someone else available to give them.
9. Prepare skin site with rubbing alcohol by rubbing vigorously.
10. Insert needle entirely, holding skin taut.
11. Pull back on plunger. If you get blood in the syringe pull the needle out, change the needle and move to new site and start over.
12. If no blood, inject medication.
13. Remove needle; do not recap needle - dispense into your needle dispense container. YOU DID IT! Congratulations.