

1. Gather equipment:
 - 3 cc/ml syringe
 - 22G 1 1/2in needle OR Q-cap to mix
 - 27 gauge 1/2in or 5/8in needle to inject
 - 1 vial of liquid/diluent
 - Number of powder vials your Menopur dose is
 - Alcohol/gauze
 - Sharps container
2. Remove caps from vials. Wipe off rubber stoppers with alcohol.
3. Mix medication. Draw up saline, and mix with powder in the following proportions:
4. Up to 6 vials may be reconstituted with 1 cc diluent
5. Hold the vial in one hand and snap off the plastic cover.
6. Open enough vials for your recommended dose.
7. With the open diluent/liquid vial, use either the mixing needle or Q-cap to withdraw ONLY 1 cc/ml of liquid.
8. Grab your 1st powder vial of Menopur and inject the full 1 cc/ml of diluent into the powder. Lightly swirl the vial if needed. When powder is fully dissolved, invert the vial and withdraw everything into the syringe. Repeat this process until recommended doses are reconstituted. You'll be using the same 1ml of diluent to dissolve all needed Menopur powder vials.
9. Once your Menopur dose is achieved, remove the mixing needle or Q-cap and change to your injection needle. Gently tap on the syringe to remove any air bubbles, if needed.
10. Choose an injection site in your abdominal area, about an inch from your belly button. Rub site vigorously with cotton ball and rubbing alcohol. Choose a different injection site daily to minimize irritation and promote proper medication absorption.
11. Using a dart action, stick needle in at a 45 - 90 angle into fatty tissue, and slowly depress plunger.
12. Remove the needle. Do not recap needles after injection. Place all needles into the provided red biohazard container

IMPORTANT: Do not mix Menopur until it is time to administer the injection.