

LUPRON/LEUPROLIDE ACETATE **Subcutaneous Injection**

Give injections same time every day (morning or evening). Some protocols for selective responders may require morning and evening injections.

- 1. Wash your hands. Use only an orange-top Monoject Insulin Syringe that is supplied with the Lupron Kit. The pharmacy may provide you with additional insulin syringes.
- 2. Remove cap from the Lupron vial of medication (this cap will never go back on throw away). Always clean the top of the medication vial with an alcohol swab before use.
- 3. Remove the orange cap from the needle. Pull back on the plunger of the syringe to pull in air. Pull up dosage measurement of air.
- 4. Inject the air into the vial. With the needle still in the vial, invert the vial so the needle is facing the ceiling. Pull back on the plunger to your recommended dose amount. Remove the needle from the vial.
- 5. With needle facing towards the ceiling, tap the syringe so the air bubbles go towards the tip of the needle and gently push the air out. Be careful not to push any of the Lupron out.
- 6. Gently put the needle cap back on the syringe, place the syringe nearby and begin to prepare the site for injection.
- 7. Choose your injection site on the lower abdomen, keeping at least 1 inch away from the belly button. Remember to alternate sites for each injection.
- 8. Clean site with an alcohol swab in a bull's-eye motion from center outward.
- 9. Gently "pinch up" a two-inch fold of skin.
- 10. Insert needle into the skin at 45-90 degree angle with one quick motion.
- 11. Anchor syringe with your hand while releasing with the other.
- 12. Push plunger slowly.
- 13. Pull needle straight out of the skin, wipe gently with a cotton ball and apply a Band-Aid if needed.
- 14. Always dispose needles safely into a biohazard container. DO NOT RECAP needles after injections. Lupron is a multi-dose vial of medication. Do not throw away the vial until the cycle is finished or the vial is empty.

REMINDERS: ONLY USE SPECIFIED ORANGE-CAPPED LUPRON SYRINGES FOR LUPRON INJECTIONS.