



Ganirelix/Fyremadel Subcutaneous Injection

Please inform your nurse if you are allergic to latex

1. Gather equipment:
 - 1 prefilled syringe of Ganirelix/Fyremadel (250mcg/.5ml) (ml=cc)
 - Sharps container
2. Remove cap over needle.
3. Remove air from the pre-filled syringe by holding needle straight up, pull back on the plunger to break the seal on the stopper and then push the plunger until medicine reaches top of syringe. This will be just below the needle.
4. Choose an injection site in your abdominal area, about an inch from your belly button. Clean site with an alcohol swab in a bull's-eye motion from center outward.
5. Pinch skin, then with a gentle dart action, stick needle in at a 45 - 90 degree angle, and slowly depress the plunger. Choose a different injection site daily to minimize irritation and promote proper medication absorption.
6. Remove needle, and dispose of syringe and glass ampules into the biohazard container.

**IMPORTANT: This medication prevents LH surge, so be sure to take it at the same time once each night when the RN tells you to start it. Do not use this medication if you are allergic to latex.
Ganirelix should be stored at room temperature.**