



SAIZEN/SQ or IM

*****PLEASE DOUBLE CHECK TO SEE IF YOU HAVE TWO 5MG VIALS OR ONE 8.8MG VIAL BEFORE MIXING. ONCE MIXED, THEY SHOULD BOTH BE REFRIGERATED*****

1. For 5mg vials:

- Two Saizen 5mg vials
- 10ml diluent vial
- Alcohol
- TB syringe (1ml syringe)
- If giving IM, you will need a 27 gauge 1¼ inch needle

Mixing Instructions

- a. Remove 1ml of water from the diluent vial and inject into one powder vial. Roll between the palms of your hands.
- b. Draw up 0.33ml into your TB syringe.
(NOTE - you will take for five (5) days – you will get your first three (3) days out of the first vial and then the fourth (4th) and fifth (5th) day out of the second vial)

2. For 8.8mg vial:

- One Saizen 8.8mg vial
- 10ml diluent vial
- Alcohol
- TB syringe (1ml syringe)
- If giving IM, you will need a 27 gauge 1¼ inch needle

Mixing Instructions

- a. Remove 2.0ml of water from the diluent vial and inject into the powder vial. Roll between the palms of your hands.
- b. Draw up 0.4ml into your TB syringe.
(NOTE- you will take for five (5) days- you will get all five (5) days out of the one (1) vial)

***Your Last Dose May Be Short. This is okay.**

3. Subcutaneous Injection

- If you have been instructed to inject subcutaneously, then after drawing up your correct dose, choose an injection site in your abdominal area about one inch away from your belly button or on top of the thigh area. Rub site vigorously with alcohol pad and let dry.
- Pinch the skin, then gently dart the needle at a 90 degree angle into the fatty tissue and inject the medication. Wait five (5) seconds and pull needle out of the skin.
- Discard needle and syringe in your biohazard needle container.

4. Intramuscular Injection

- If you have been instructed to inject intramuscularly, then after drawing up your correct dose of medication, replace the needle on the TB syringe with the 27 gauge 1¼ inch needle for administration. Tap syringe and gently push any air bubbles out of the syringe.
- Choose an injection site in the upper outer quadrant of your buttocks. It is possible to give your own injection at this site, but it is advisable to have someone else administer the injection if possible. An alternate site would be your thigh but this is more uncomfortable.
- Prepare the skin site by rubbing vigorously with alcohol pad and let dry.
- Holding the skin taut with thumb and pointer finger on one hand, dart the needle into the skin entirely with the other hand.
- Pull back the plunger slightly. If you get blood in the syringe, pull needle out, change needle, move to a new site and start over.
- If no blood, inject the medication and remove needle.
- Discard the needle and syringe into your biohazard container.