



SAIZEN Subcutaneous OR Intramuscular

PLEASE DOUBLE CHECK TO SEE IF YOU HAVE TWO 5MG VIALS OR ONE 8.8MG VIAL BEFORE MIXING. ONCE MIXED, THEY SHOULD BOTH BE REFRIGERATED

For 5mg vials:

- Two Saizen 5mg vials
- 10ml diluent vial
- Alcohol
- TB syringe (1ml syringe)
- If administering IM, you will need a 22-27G 1-1 ½ in needle

Mixing Instructions

- a) Remove 1ml of water from the diluent vial and inject into one powder vial. Roll between the palms of your hands.
- b) Draw up 0.33ml into your TB syringe.
(NOTE: you will take for five (5) days – you will get your first three (3) days out of the first vial and then the fourth (4th) and fifth (5th) day out of the second vial.)

For 8.8mg vial:

- One Saizen 8.8mg vial
- 10ml diluent vial
- Alcohol
- TB syringe (1ml syringe)
- If administering IM, you will need a 22-27G 1 – 1 ½ in needle

Mixing Instructions

- a) Remove 2.0ml of water from the diluent vial using a 1ml TB syringe, and inject into the powder vial. Roll between the palms of your hands.
- b) Draw up 0.4ml into your TB syringe.
(NOTE: you will take for five (5) days- you will get all five (5) days out of the one (1) vial.)
***Your last dose may be short. This is okay.**

Subcutaneous Injection

- After drawing up your correct dose, choose an injection site in your abdominal area about one inch away from your belly button. Rub site vigorously with alcohol pad and let dry.
- Pinch the skin, then gently dart the needle at a 45 - 90 degree angle into the fatty tissue, and inject the medication. Wait five (5) seconds, and pull needle out of the skin.
- Discard needle and syringe in your biohazard needle container.
- Choose a different injection site daily to minimize irritation and promote proper medication absorption.

Intramuscular Injection



- After drawing up your correct dose of medication, replace the needle on the TB syringe with the 22-27G 1-1 ½ in needle for administration. Tap the syringe, and gently push any air bubbles out of the syringe.
- Choose an injection site in the upper outer quadrant of your buttocks. It is possible to give your own injection at this site, but it is advisable to have someone else administer the injection if possible.
- Prepare the skin site by rubbing vigorously with alcohol pad and let dry.
- Holding the skin taut with thumb and pointer finger on one hand, dart the needle into the skin at a 90 degree angle entirely with the other hand.
- Pull back the plunger slightly. Inject the medication and remove needle.
- Discard the needle and syringe into your biohazard container.
- Choose a different injection site daily to minimize irritation and promote proper medication absorption.